

University of Pretoria Yearbook 2020

Motor learning and development II 221 (EXE 221)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	16.00
Programmes	BSportSci
Prerequisites	EXE 120
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection

An analysis and critique of how motor learning is affected by adulthood and aging and how to design appropriate programmes to maximise motor skill acquisition.

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